



2023 SAILING INSTRUCTIONS

Version 1.0

Version	Change Made By	Date	Description of Major Changes
Draft 1.0	RC	12 April '23	First Version based on 2022 SI
Draft 2.0	DH	22 April '23	Minor grammar revisions

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These instructions are for The Cobourg Yacht Club's 2023 Racing Program and must be read in conjunction with the Notice of Race for 2023.

1 **RULES**

This event is governed by the rules as defined in 2021-2024 Racing Rules of Sailing (RRS) as published by Sail Canada and available at www.sailing.ca except for those rules altered by this Notice of Race and its Sailing Instructions.

2 **SIGNALS MADE ASHORE**

- 2.1 When a skippers' meeting is to be held, a horn will sound in the vicinity of the clubhouse to signify the imminent start of the meeting in or outside of the CYC clubhouse.
- 2.2 When conditions dictate, the RC may postpone the start of a race on shore. This postponement shall be signalled by the hoisting of the AP flag on the CYC flag pole on the south lawn or on the rear of the committee boat along with 2 horn blasts. When flag AP (pennant with alternating red & white vertical stripes) is displayed ashore or on the rear of the committee boat, "1 minute" is replaced with "not less than 20 minutes" in the race signal AP. Races will not be held when winds are persistently above 20 knots, however this is at the discretion of the RC and is not subject to Protest (NP).

3 **THE COURSES**

- 3.1 Refer to Notice of Race, Section 11 "courses";
- 3.2 Shorten Course or Abandoning after the Start. See RRS 32.
- 3.3 Any changes to the Start sequence, Course, Finish and Time Limits for Specialty Events will be determined at a Skippers Meeting and/or on the water before the race and apply only to that event. Note that on days of Specialty races which coincide with functions at the Club, a time limit may be set to enable participants to attend that function.

4 **AREAS THAT ARE OBSTRUCTIONS**

The swimming area to the south of Cobourg's Victoria Beach is an Obstruction. The harbour walls and rocks on the east and west sides of the Cobourg harbour are considered obstructions. Also, the rocky shore extending into the lake in the vicinity of Cobourg's water treatment plant (situated to the east of Victoria Beach) is an obstruction.

5. **FLEET FLAGS**

See Appendix A of the Sailing Instructions.


6 **THE START SEQUENCE**

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- 6.1 An alert signal of multiple blasts on horn roughly 5 minutes before the 5-minute start sequence for the first fleet only. Ideally, there will be one minute between the start of the first fleet and the 5-minute sequence of the next fleet, and so on with no additional alert signals.
- 6.2 The start line is defined as the line between the staff of the Orange Flag on the RC boat and the orange/yellow/pink tetrahedron mark as applicable. The Start sequence will follow RRS 26.
- 6.3 The Fleet Splits, Fleet Flags and sequence will be published separately as Appendix A of the Sailing Instructions.
- 6.4 In the absence of an RC boat see NoR Appendix G for Alternate Starts and Finish Lines; the methods of start and finish must be announced on Channel 6 before the commencement of the Start sequence and/or at a Skippers meeting prior to the event.




- 6.5 When the RC boat displays code flag  "Y" (alternating yellow & red diagonal stripes), ALL skippers and crew shall don approved PFDs. Non-compliance will result in a DNS (Did Not Start) by the Race Committee.
- 6.6 Notes on the Start: For Recalls see RRS 29; For Individual Recalls (RRS 29.1), the RC will announce the identified boats on the VHF channel 06 that is/are over-early, failure to do so is not grounds for Redress. Any boat not completing its restart will be scored "OCS".
- 6.7 Boats whose warning signal (Fleet Flag) has not been made shall avoid the starting area during the starting sequence of other races; see RRS 23.1.
- 6.8 The first start sequence for a Wednesday Series race shall not commence later than 1900 hours should a delay be encountered.

7 CHANGE OF COURSE

To change a course the Race Committee will move or replace the original mark (or finishing line) in a new



position and a fly a letter "C" Flag  (blue, white, red, white, blue horizontal stripes) and sound a repetitive signal. Announcements will be made by the Race Committee boat on VHF Channel 06. This replaces RRS 33.

8 THE FINISH

- 8.1 The finish line is defined as the line between the staff of the Blue Flag on the RC boat and the orange/yellow/pink tetrahedron mark wherever placed ('the finish mark'); The RC boat will display a Blue Flag once the finish line is established. No penalty is imposed for crossing the line when the RC flag is up.
- 8.2 For Windward Mark finishes on Wednesday nights where there is no RC boat present:

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Note: this is the usual situation for NFS boats and may happen to FS boats in the event of a Shortened Course.

The finish line is when the boat has successfully rounded the finish mark by the bow of the boat crossing the extension of a line drawn between the previous mark and the finish mark. Boats are responsible for informing the RC on VHF Channel 6 at their moment of finish and noting their finish times in either elapsed time or 24 hour EDT in hours, minutes and seconds and communicating that time to the RC if requested.

- 8.3 Finish times shall be recorded based on Definition of Finish in the RRS. The absence of a sound signal shall be disregarded.
- 8.4 In a race where there is no RC boat see NoR Appendix G for Alternate Starts and Finish Lines; the methods of start and finish must be announced on Channel 6 before the commencement of the Start sequence and/or at a Skippers meeting prior to the event.

9 TIME LIMITS

- 9.1 For Wednesday series races, any yacht not finishing within 2.0 hours of elapsed time from their start will be declared “DNF” subject to the limitations of NoR Appendix F item 9. At their own discretion the last boat in a fleet to remain on the race course can withdraw from the race and will be awarded a last place finish based on the number of boats racing in their fleet that night.
- 9.2 Specialty Race end time will be based on the published time of sunset for Cobourg *unless changed at the Skippers Meeting or by the RC on the water*. The last boat to remain on the race course can withdraw from the race and will be awarded a last place finish based on the number of boats racing in their fleet Specialty Race.

10 PROTESTS AND REQUESTS FOR REDRESS

- 10.1 Protest committees shall be formed as required. Membership will consist of at least one member of the RC plus two other race participants (if applicable) or any knowledgeable former CYC racer, for a minimum of two protest committee members. The committee participants may be randomly selected from all yachts except those involved directly in the protest. The protest shall be filed and all persons involved in the protest shall make every reasonable attempt to appear within the club house within 30 minutes of the return of the race committee boat to its dock upon the completion of the race. This modifies the time limit in RRS 61.3. Should either the protestor or the participant(s) being protested not attend within the prescribed time limit, and are not able to convince the RC of reasonable mitigating circumstances as to why the time limit was violated, the protest will be dealt with accordingly in favour of either or neither party. Where possible, all protests will be dealt with in a timely manner immediately following the race.
- 10.2 Refer to the Racing Rules of Sailing 2021-2024 Part 5.

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- 10.3 Arbitration: For protests where there is no damage and in which no more than two boats are involved, there will be a *mandatory* Arbitration hearing in accordance with Appendix T of the RRS. As RRS 44.3 does not apply (See 14, Penalty System above) the only post-race penalty available under RRS Appendix T4(a) is to retire in which case the boat will be scored RET.
- 10.4 Any protest that is either ineligible or not resolved by the Arbitration process will be referred to the Protest Committee for a full hearing. Boats that are disqualified at a Protest Hearing will be scored DNE.

11 DISCLAIMER OF LIABILITY

Competitors participate in racing entirely at their own risk (see RRS rule 3, decision to race in RRS). CYC will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during or after racing.

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Appendix A

Fleet splits and fleet flags

1. There will be two Divisions; one each for Flying Sails (FS) boats and one for Non-Flying Sails boats. Each Division will have one or more Fleets. Fleet flags will be used by the RC for starting purposes.
2. For Wednesday night racing the fleets & flags are as follows:

FS Division:

Gold Fleet = Gold Flag

Green Fleet = Green Flag

Blue Fleet = Blue Flag

NFS Division = White Flag

White Sail Fleet (A)

White Sail Fleet (B)

The Fleets, Rating Splits and Starts are set out in a separate spreadsheet that will be published on the Club-web-site 12 hours before the first start.

CYC Race committee reserves the right to adjust fleet splits based on the number of Boats in each fleet with safety and sportsmanship the primary goals. *The Race Committee reserves the right to combine multiple Fleets into the same start.*

Race Committee Roster

At the discretion of the on-the-water RC, a boat may be required to supply a crew member to the RC to assist the running of a race; a list of the boats and their dates for supplying crew will be published in conjunction with the Fleet Splits and Fleet Flags.